

Curriculum Vitae (c.v)

Name: Mona Hussein Abotera
Date of Birth: 10th Feb.1957 in Cairo
Nationality: Egyptian
Religion: Muslim
Marital Status: Married
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Languages: Arabic Mother Tongue
English Good written and spoken
German little written and spoken
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Current occupation:

-- Associate professor of psychology department in faculty of Art(Ain shams university).
-psychotherapist.
-human development trainer.

Qualifications:

- PH.D.in Psychology, Ain Shams Univ.,Cairo, Sep.1989. First degree of honor.
- M.A.in Psychology,Ain Shams Univ.,Cairo,Sep.1985 excellent.
- B.A.in Psychology,Ain Shams Univ.,Cairo,June.1978 very good
- License in psychotherapy (Ministry of health Cairo).

Summary of Academic Experience:

- Teaching in both clinical and social psychology at Ain Shams Univ., Faculty of Arts 1987 till now.
- Teaching clients' psychology at education of distance, Tourism Dept., at Ain Shams Univ., Faculty of Arts, 2000.
- Teaching psychology for pharmaceutical students at Ain Shams Univ., 2000 till 2002
- Teaching psychology for pharmaceutical students at Ahram Canadian Univ.,2007-2008.

- Teaching Positive Psychology, Marital Therapy, Psychological Counseling, and Behavioral Modification for post graduate students at Ain Shams University.,2014 till now.
- Sharing in many conferences and seminars, the last one at Jan.2014, titled ’’The first international conference of the group therapy’’, Cairo, Egypt.
- Sharing in many seminars regarding the violence against women, the last one at seb.2015
- Participation with students in planning and discussing their work papers.
- Intensive meetings with students to provide consultation in divers of issues in their interests.
- Supervising and examine several MA & PhD thesis searching topics of:

-social psychology

-Positive psychology

-Clinical psychology

-Slow learners

-Autism

Summary of Professional Experience

- Facilitator groups through Cash for Work project (Psycho-Social Support Services), Through Values of Life Association, a Catholic Relief Services (CRS) Contractor
Position: Leader of groups(Feb-march2012)

- **Training Experiences**
- Offering training course about, **Team Building, Manar Petroleum co., Cairo, May 2016**
- Offering training course about Dealing with **the Self and the Other Skills, with the Coptic Evangelical Organization, April 2016**

- Offering numerous training courses about **citizenship in the relation to multiculturalism with the Coptic Evangelical Organization, April 2016**
- Offering training course about **Personal Effectiveness and Team building, . Manar Petroleum co., Cairo, April 2016**
- Offering training course about **Conflict Management Skills, . Manar Petroleum co., Cairo, March 2016**
- Offering training course about **Effectiveness Leadership , . Manar Petroleum co., Cairo, February 2016**
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- Participate in the **project of training & applying quality Standards for the orphanages in Egypt** through **:"Orphans Friends Association"** (4 training courses for orphans care givers', supervisors & the managers) December 2015.
- Offering numerous programs about **Resolution of the Conflict and Publishing the Culture of Peace, with the Coptic Evangelical Organization, 2012 until now.**
- Participate in family justice project; by implementing the program of : **"activating the role of social worker in the field of enhancing and supporting the Egyptian families and performing Training work shops in 4 governorates (port said- menia-Cairo –Giza). Through MSD in a cooperate with justice ministry 2010**
- Offering numerous training courses in **the area of family justice in conjunction with the National Council for Motherhood and Childhood since 2005 and so far**
- Offering numerous training courses in **the development of personal skills and career at Ain Shams University since 1999 until now.**
- Participation in the preparation of **a manual on the protection of the family in conjunction with the National Council for Motherhood and Childhood in 2009**
- Offering numerous training courses on **combating violence against women in conjunction with the National Council for Women 2009**
- Offering numerous training courses in **The Development of Teem Building Skills , Ministry of Justice, Family Justice Project, 2007**
- Offering numerous training courses in **The Development of Critical Thinking, Teem Building, Conflict Management,**

Behavioral Skills, Leadership Skills ,Communication Skills and Time Management. Manar Petroleum co., Cairo, Feb2007until now.

- Offering numerous training courses in **The development of Personal and Social Skills for Psychologists and Social Workers, Masr el Mahrousa Association, Cairo, Jan-March 2007 ,2010 and2011**

- Offering numerous training courses in **The Development of Problem Solving, Manar Petroleum co., Cairo, Nov., 2006**

- Offering training course in **Developing the ability and potentials of Ain Shams University staff 2005:**

- a) Development of thinking skills
- b) Development of communication skills
- c) Problem solving and Decision making skills
- d) Time management and coping with work stress

- Offering numerous training courses in **The Development of Emotional Intelligence, OUN Psychological Center, Faculty of Arts, Ain Shams Univ., Cairo2004-2005**

- Offering numerous training courses in **The Development of Communication Skills and Stresses Management, Tourist Chambers Union, Cairo 2001-2005**

-By Cooperation between **UNICEF organization and National Association of Motherhood and Childhood** concerning initiation of girls education –**Training course for the team work to develop** {communication skills, successful leadership and team building - **April 2003 [el-fayoum]**.

- Offering training course to **develop personal and social skills.**{How to achieve personal ambitious} –for **Faculty Of Arts Students, June 2002.**

▪ **Psychotherapy Experiences**

- Individual counseling in psychological clinic (follow psychology department in Ain Shams University) since 1999 till now.
- Individual counseling in Counseling Unit in ACU University 2007-2008.
- Individual counseling and therapy in privet clinic since 2004 until now.

- Individual Counseling of Children at El Hamd Orphanage, Mokattam, Cairo from 2000 till 2008.

▪ **Books/ Journal Articles, Papers, Research and Media Production:**

▪ **Books**

1) Clients Psychology, Education at distance, Ain Shams University, Faculty of Arts 2006

2) The Image of Self and Other studies in social interaction, part1”The Arab-Israeli Conflict” Dar el Hariry, Cairo 2004

3)The Image of Self and Other studies in social interaction, part2 “Man, Woman and other social groups” Dar el Hariry, Cairo 2004

4) Lectures of general Psychology, El-Ibrahimia Printing House, Cairo 2002

5) Socialization through Theoretical and Applicable study, El-Ibarhimia Printing House, Cairo 2000

6) Psychosomatic Disorders and Socialization, El-Ibrahimia Printing House, Cairo 1997

▪**Papers and Researches:**

-The role of Arabian woman in socialization, the challenges and coping, The Conference of Woman in our Societies among divers cultural frame works, Cairo Nov. 2006

-The relation between Assertiveness, Psychological needs and coping, comparison study between worker-none-worker woman, J .Contemporary Psychology and Human Sciences, Volume(14), October 2003

-Psychosomatic Disorders in the relation of Anxiety and Parental attitudes, comparative study of Psychosomatic patients, J. Arts and Human Sciences, Vol.(37), July 2000

-Children Labor, psycho-social study, J. Psychological studies, Vol.(9), Jan 1999

-Ain Shams Stereotype Adjectives List, J. Arts and human Sciences, Vol.(28), April 1998

-Youth unemployment, reasons, indications and facing , J .Contemporary Psychology and human sciences, Vol.(2),Jan.1993

Special Achievements

-participating in T.V programs and Radio in Cairo,concerning the following titles:

- 1- Marital relationships.
- 2- Adolescence problems.
- 3- Behavior modification for children.
- 4- Problems of the street children.

-Member of the Broad of Ebsar Electronic vision Center since 2010 till now.

- Member at the Egyptian Psychotherapists Association (EPA)

-Member at the Egyptian Psychological Association.

-Member of the team responsible of establishing a new department of applying psychology for education of distance at Ain Shams University, Faculty of arts 2007

-Member of the Consultants Committee of Police School Students Selection, Police Academy, Egypt 2002/2003

-Psychological Consultant for Orphanage Houses Cairo, 2000 till 2008

