

Curriculum Vitae (C.V)

Name: Dr. Eman Mahmoud Abd El-Hamid
El-kamah

Date of birth : 14/7/1957

Nationality: Egyptian

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Nationality : Egyptian

Religion: Muslim

Marital status: married

Children: 4 daughters

Language : Mother tongue Arabic
English language good written and spoken

Current occupation:

- Professor of psychology department in faculty of Art(Ain shams university).
- psychotherapist.
- human development trainer.



Qualifications:

-PHD degree in psychology, faculty of Art {Ain Shams University} 21-9-1986. First degree of honor.

-Master degree in psychology, faculty of Art {Ain Shams University} 6-6-1983 – excellent.

-BA faculty of Art {Ain shams university} 1978 – very good
- License in psychotherapy (Ministry of health Cairo).

Professional Experiences :

Psychotherapy Experiences

- Accredited clinical psychologist in the Egyptian Ministry of health.
- Member of the medical licenses committee in the M.O.H: granting the license of practicing psychotherapy for psychologists (jan 2016- ongoing).
- Individual counseling in psychological clinic (follow psychology department in Ain Shams University) since 1994 till now.
- Individual counseling in Counseling Unit in MUST University (2006-2009).
- Consultant Clinical Psychologist (diagnosis and psychotherapy) individual; and group therapy in new psychiatric hospital Abu Dhabi 1995 - 2002 .

Training courses participated in: -

- 1-Participate in family justice project;by implementing the program of : "activating the role of social worker in the field of enhancing and supporting the Egyptian families and performing Training work shops in 4 governorates (port said- menia-Cairo –Giza).
- 2- Participate in the project of training & applying quality Standards for the orphanages in Egypt through ***:"Orphans Friends Association" (12 training courses For orphans care givers',supervisors& the managers. (October to December 2015) .***
- 3-Training course in Developing the ability and potentials of university staff 2005-2016 (80 courses)
 - a) Development of thinking skills (Repeated)
 - b) Development of communication skills (Repeated)
 - c) Problem solving and Decision making skills (Repeated)
 - d) Time management and coping with work stress (Repeated)
- 4- The Development of Personal and Social Skills for psychologists and social workers in Misr El Mahrosa Association Cairo March 2007 and April 2010 - 2011.
- 5- Diagnosis and Psychotherapy Of Behavioral Disorders in children- RANM- 2006 and 2007
- 6- Assessment of children by psychological techniques- RANM- 2006 and 2007
- 7-Training course to develop the following skills {self understanding, coping with stress efficiently and positive

- communication} Tourists Chambers Union 2002-2005
- 8- Development Of Communication Skills
- development of leadership skills
 - Training course of conflict mangment
 - Training course of TIME management
 - Training course of Team work building
- (Misr Petroleum Cairo 2004 -2016).
- 9-Training course to develop self understanding skills, for university students (Ain shams university) (2004).
- 10-Training Course in "speech Disorders " How to develop diagnostic and treatment skills" In psychological service center February2003, March 2004 Ain Shams University .
- 11-Cooperation between UNICEF organization and National Association of Motherhood and Childhood concerning initiation of girls education –Training course for the team work to develop {communication skills, successful leadership and team building - April 2003 [el-fayoum].
- 12-Training course to improve personal and social skills {Communication skills with others} –for university Students 2003 psychological service center [Ain shams university].
- 13-Training course to improve quality of life {For managers in Ain shams university} to develop success in work and its relation with improvement quality of life & How to cope with anxiety. (psychological service center) 2002 .
- 14-Training course to develop personal and social skills.{How to achieve personal ambitious} -for university students, June 2002.

15-Training course in {Art of management with the psychiatric patient and crises intervention skills. April 2001 [Abu Dhabi-UAE][For medical & Para medical staff

16-Training course for university student to develop how to cope with anxiety, depression and how to adapt with adolescent tasks and cope with its problems in Abu Dhabi {Summer training} Ministry Of Education 1999-2001.

17- Training course for social workers to develop their skills in Mental Health. New Psychiatric Hospital in Abu Dhabi 1999.

Local and International conferences participation:

- "Cognitive behavioral therapy conference "- AUC(American University in Cairo) – Presenting *CBT session for sexual abuse (Feb 2016)*.
- "Cognitive behavioral therapy conference "- AUC(American University in Cairo) – Presenting CBT session for *Psychopath personality disorder (Feb 2015)*.
- SGHPSY-Conference(International conference in psychiatry –Saudi German hospital- Jedda)- presenting *psychotherapy for conduct disorder session (April 2014)*
- SGHPSY-Conference(International conference in psychiatry –Saudi German hospital- Jedda)- presenting *psychotherapy for borderline personality disorder session (April 2014)*

Scientific Societies:

- **Founding member in the Egyptian psychotherapy Society since 2012**
- **Honorary member in the CBT (cognitive behavior therapy) society since 2014**
- **Member in the Egyptian Society of Psychology since 1978.**
- **Member in the Egyptian association of Psychology since 1978.**
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Social services activities:

- participating in T.V programs in Abu Dhabi, Dubai and Cairo, tackling the following topics:
 - 1- Marital relationships(happiness,infidelity, communication skills) : CBC channel – Emad Adeeb program – December 2013)
<https://www.youtube.com/watch?v=vb9jaGYTxf4>
 - 2- Adolescence problems.
 - 3- Behavior modification for children.
 - 4- How to recognize the psychological disorders(depression,anxiety and its management).
 - 5- Family conflicts and modes of resolving,..etc (1995 till now).