CURRICULUM VITAE

1. Family name: Mourad

2. First name: Ghada

3. Date of birth: 17/6/1972

4. Nationality: Egyptian.

5. Marital status: Married

6. Present position: Assistance professor in Psychiatric and Mental Health Nursing Department, Faculty of Nursing, Ain Shams University, Cairo, Egypt.

7. Mobile: 01001277367

Home: 02-26716867

8. Current address: Nasr city, Cairo, Egypt

9. E-Mail: ghada_mrd@yahoo.com

10.Language skills:

Arabic Language: Excellent "Mother

Language".

English Language: very good (written

& spoken).

 English course for junior staff members & graduate students at October 1997

English preparation test for "TOEFL" at June 2004

11. Years within the firm: At 22 years



12. Qualifications:

- Bachelor of Nursing science (B.SC.), General Average, very good with honour degree, Faculty of Nursing, Ain Shams University, Cairo, Egypt, 1993.
- Master (M.SC) degree in psychiatric nursing with grade excellent, Faculty of Nursing, Ain Shams University, Cairo, Egypt, 2001.
- Doctor (Ph.D) of nursing science with honor level , Faculty of Nursing, Ain Shams University, Cairo, Egypt, 2004.

13. Membership of professional bodies:

- Member of Egypation Nursing Syndicate
- General secretary of Egyptian Alzheimer society since
 2006 until now and extented to Elected board of 2021.

Works positions:

- Vice Director of Quality Assurance and Accreditation Unit for technical support Affairs in Faculty of nursing -Ain Shams University
- Head of psychiatric mental health nursing department Bani suef University, Egypt
- Assistance professor in Psychiatric and Mental Health Nursing Department, Faculty of Nursing, Ain Shams University, Cairo, Egypt

14. Areas of Interest:

Education – Research – Human Resources Development – Adolescent, Adult & Family mental Health

15. Trainning Courses, Conferences and work shopes:

- Continued education & clinical training, Faculty of Nursing, Ain Shams University, Cairo, Egypt, 1994
- Participant in Educational course for clinical instructor& Assistant lecturer at the period from 30/8 to 12/9/1996 held in Faculty of nursing- Ain shams university- Cairo
- Participant in group psychotherapy Workshop at the period from 23/5 to 6/6/1999 - held in Faculty of nursing- Ain shams university- Cairo
- Speaker in Workshop of elderly people's care givers at the period from 14 to 16/9/2000 held in Faculty of nursing- Ain shams university- Cairo
- Speaker in Workshop for the Alzheimer's Families about care giving Alzheimer's patients at home at the period from 15 to 16/11/2000- held in Faculty of nursing- Ain shams university- Cairo
- Speaker in Workshop of improving the quality of the Alzheimer's patients & their care givers at the period

- from 6 to 7 /2/ 2001held in Faculty of nursing- Ain shams university- Cairo
- Speaker in Workshop of reducing the psychological burden upon Alzheimer's care givers at the period from 3 to 4/7/2001 held in Faculty of nursing- Ain shams university- Cairo
- Instructor in Workshop of training related to caring for Alzheimer's families at the period from 31/12/2003 to1/1/2004 held in Faculty of nursing-Ain Shams University-Cairo
- Instructor in Workshop of training for Alzheimer's Families about Alzheimer patients at the period from 9 to 10/7/2005 held in Faculty of nursing-Ain Shams University-Cairo
- Participant in Skills of communication course (FLDP) at the period from 18 to 21/7/2005 held in Faculty of Alson
 -Ain Shams University-Cairo
- Participant in Skills of thinking course (FLDP) at the period from 25 to 28 /7/2005 held in Faculty of education
 -Ain Shams University-Cairo
- Organizer in Workshop training for Alzheimer's families about activities of daily Living for Alzheimer's patients at the period from 19 to 20/2/2006 held in Faculty of nursing-Ain Shams University-Cairo

- Attending 10th Pan Arab Conference on Diabetes at the period from 28 to 30/3/2006 held in Egyptian Diabetes Center-Cairo
- Speaker in 6th Arab Conference on caring of elderly about Alzheimer's diseases (care, research & services) at the period from 17 to 18/4 / 2006 held in C.E.C - Helwan university-Cairo
- Participant in Workshop of summative and formative evaluation: application in nursing education at the period from 2 to 3/7/2006 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & implementer in Workshop of the Alzheimer's Families about (Alzheimer's patients in our home) at the period from 9 to 10/7/2006 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & implementer in World Alzheimer's Day Egypt 2006 at 3/9/2006 held in Egyptian Alzheimer Society- Dar el diafa-Ain Shams University-Cairo
- Attending Diabetes and the Heart Conference at the period from 6 to 7/9/2006 held in Egyptian Diabetes Center-Cairo
- Attending 1st Annual conference of pediatric Nursing about (The role of scientific research in health

- promotion) at 2006 held in Faculty of nursing-Ain Shams University-Cairo
- Participant in Training workshop for Preparing scientific research at the period from 17 to 19/10/2006 held in Faculty &Leadership development project FLDP -Ain Shams University-Cairo
- Participant in World Diabetes Day Egypt 2006 (Diabetes care for everyone) at the period 16/11/2006 held in Pan Arab League of Continuous Medical Education-Cairo
- Coordinator, organizer & implementer in Training workshop about (toward better life For Alzheimer's patients) at the period from 5 to 6/12/2006 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Participant in The 3rd Ain Shams International congress on Psychiatry (Towards global patients care) at the period from 5 to 9/3/2007 held in Institute of Psychiatry-Ain Shams University-Cairo
- Attending 11th Pan Arab Conference on Diabetes the period from 27 to 30/3/2007 held in Egyptian Diabetes Center-Cairo
- Coordinator, organizer & implementer in Training workshop about (The basic needs For Alzheimer's patients) at the period from 4 to 5/4/2007 held in

- Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & implementer in Teaching a
 Training course for Nurses About caring Alzheimer's
 Patients at the period from 1/6 to 30/7/2007 held in
 Egyptian Alzheimer Society-Cairo
- Coordinator, organizer & speaker in World Alzheimer's Day Egypt 2007 (Alzheimer's talk about itself) at the period 1/9/2007 held in Egyptian Alzheimer Association-Dar el diafa-Ain shams university-Cairo
- Coordinator, organizer & speaker in Training workshop about (The role of Education for Alzheimer awareness) at the period 29/11/2007 held in held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Workshop about Nursing and caring Alzheimer's patients at the period 11/12/2007 held in held in Faculty of nursing-Ain Shams University-Cairo
- Participant in Training workshop for the active presentation at the period from 29 to 31/12/2007 held in Faculty & Leadership development project (FLDP) -Ain Shams University-Cairo
- (Coordinator, organizer & speaker) in Training workshop about (Community services &The role Of

audiovisual media) in 26/2/2007 held in held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo

- Participant and speaker in The 12th Pan Arab Conference on Diabetes at the period from 25 to 28/3/2008 held in Egyptian Diabetes Center &The American Academy of Continuing Medical Education-Cairo
- Organizer in The 2nd students conference (new thinking in nursing) at the period 30/3/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & implementer in Workshop about (NO smoking, No addiction) at the period 2/4/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Organizer in 2nd Scientific meeting held by the Psychiatric mental health department at the period 8/4/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator and speaker in 1st Shared Conference obstetric & psychiatric mental health nursing at the period 30/4/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Attending Workshop of quality of academic university education at the period 11/5/2008 held in (E.D.C)

- Educational development center Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop for the Alzheimer's Families about (Alzheimer's and the summer) at the period 29/6/2008 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in World Alzheimer's Day Egypt 2008 (caregiver's crisis) at the period 27/10/2008 held in Egyptian Alzheimer Society Dar el diafa -Ain Shams University-Cairo
- Attending program matrix workshop at the period 16/11/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Active participant in workshop for Maintenance of initiation to achieve goals at the period 19/11/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Organizer in The 3rd Scientific meeting of Psychiatric mental health department at the period 17/12/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Attending Training workshop for credit hours at the period from 20 to 22/12/2008 held in Faculty &Leadership development center FLDC-Ain Shams University-Cairo

- Coordinator, organizer & implementer in workshop of (it is time to facing smoking & Addiction) at the period 24/12/2008 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator and organizer in Training workshop for the Alzheimer's Families about (Alzheimer's and the winter) at the period 25/12/2008 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about (The importance of build up a specialist faculty For Alzheimer care givers training) at the period 29/1/2009 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator in Workshop about student teacher communication at the period from 25/2 to 18/3/2009 held in Faculty of nursing-Ain Shams University-Cairo
- Attending Training workshop for examination system and methods of evaluation at the period from 10 to 12/3/2009 held in Faculty &Leadership development center FLDC -Ain Shams University-Cairo
- Speaker (presented a research paper) in 1st international conference (Diabetes and Nursing) at the period from 11 to 12/3/2009 held in Kennesaw State University &Faculty of Nursing Helwan University-Cairo

- Coordinator, organizer & speaker in Training workshop about (Alzheimer's and cerebrovascular stroke) at the period 26/3/2009 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Participant in 5th International congress on psychiatry (New strategies in psychiatric Practice) at the period from 7 to 8/4/2009 held in Training & Educational Enhancement Center-Ain shams university-Cairo
- Coordinator & organizer in Workshop about (Women mental health) at the period 14/4/2009 held in Faculty of nursing-Ain Shams University-Cairo
- Active participant in 3rd Students Conference (Students missions and hopes) at the period 15/4/2009 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about (Alzheimer's patient problems in Spring seasons) at the period 7/5/2009 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Student's academic achievement and how to face Stress & tension related to exams at the period 18/5/2009 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about (Alzheimer's patient and challenged behaviors) at

- the period 25/6/2009 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Participant in Workshop about enhancement of Standers for designing implementing & publishing the Scientific research at the period 29/6/2009 held in Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in World Alzheimer's Day Egypt 2009 (The importance of early diagnosis) at the period 5/10/2009 held in Egyptian Alzheimer Society-Dar el diafa -Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer's patient & swain flue at the period 19/11/2009 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo
- Organizer & facilitator in 10th international nursing conference (towards excellence in ethical & professional conduct among the health team) at the period from 21 to 23/11/2009 held in Faculty of nursing - Dar el diafa-Ain Shams University-Cairo
- Active participant in Workshop about The marriage of computer & brain sciences at the period 12/12/2009 held in Institute of psychiatry-Ain shams university & Rutgers the state university, Newark, New jersey
- Coordinator, organizer & speaker in Workshop about
 How to face Stress & tension related to exams at the

- period 23/12/2009 held in Faculty of nursing- Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer & caregivers' problems at the period 24/12/2009 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo
- Coordinator in Workshop series about Quality orientation for Employee & workers at the period from 2009 to 2010 held in Faculty of nursing -Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer & communication crisis at the period 21/1/2010 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer & spiritual issues at the period 25/2/2010 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Attending Training workshop for (Organizing a Scientific conferences) at the period from 6 to 8/3/2010 held in Faculty &Leadership development center FLDC-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer & Diabetes at the period 23/3/2010 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo

- Participant in The 2nd conference for physicians & allied health professions at the period from 7 to 8/4/2010 held in International society for allied health professions-Alexandria
- Coordinator in workshop about How to raise your self esteem at the period 28/4/2010 held in Faculty of nursing
 -Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about Alzheimer & human rights at the period 29/4/2010 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo
- Participant in The 6th international congress on psychiatry with the 1st international congress on neuroscience at the period from 4 to 5/5/2010 held in Institute of psychiatry Training & Educational Enhancement Center, Ain shams university-Cairo
- Coordinator & organizer in Training workshop about Alzheimer & sleep problems at the period 27/5/2010 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo
- Coordinator & organizer in Training workshop about Alzheimer & role of memory clinic at the period 24/6/2010 held in Egyptian Alzheimer Society and Faculty of nursing -Ain Shams University-Cairo

- Coordinator, organizer & speaker in World Alzheimer's Day Egypt 2010 (it is time to Alzheimer to take special priority) at the period 20/9/2010 held in Egyptian Alzheimer Society- Dar el diafa -Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about (Caregiver's burden, burnout manifestation) at the period 28/10/2010 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator & organizer in Training workshop about (Alzheimer & communication skills) at the period 25/11/2010 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in Training workshop about (Caregiver's burden in Egypt) at the period 29/12/2010 held in Egyptian Alzheimer Society, EL Bakiat El salehat Society and Faculty of nursing-Ain Shams University-Cairo
- Speaker and active participant in 15th pan Arab conference on diabetes (Improving adjustment patterns for children with diabetes) in 22/24 march 2011
- Active participant in 7th international congress on psychiatry, 2th international congress on neuroscience

- (Mental health & Neuroscience Future perspective) in 26 April 2011 at education and training centers Ain Shames university
- Participant in workshop about How to write the plan of funded research with funders internally and externally in 4/5/2011 at Faculty of nursing-Ain Shams University-Cairo
- Speaker and present a research paper in the 3th international scientific conference (Emerging technologies and specialty in nursing education) Helwan university 18-19 May 2011
- Coordinator, organizer & speaker in workshop about (Alzheimer and revolution, community participation to present and future events) at the period 26/5/2011 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in workshop about (Alzheimer's elderly medicine) at the period 30/6/2011 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in workshop about (Alzheimer patient's nutritional needs in the month of Ramadan) at the period 21/7/2011 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo

- Coordinator, organizer & speaker in World Alzheimer's
 Day Egypt 2011 (faces of dementia) at the period
 21/9/2011 held in Egyptian Alzheimer Society- Dar el
 diafa -Ain Shams University-Cairo
- Coordinator, organizer & speaker in workshop about (Alzheimer day care hospital) at the period 27/10/2011 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Participate in the1st anual students conference of faculty of nursing Helwan university, (Nursing Perfectessionalism) in 20-11-2011
- Coordinator, organizer & speaker in workshop about (Alzheimer day care and outpatient follow up) at the period 29/12/2011 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in workshop about (Alzheimer patients and their health prooblems) at the period 23/2/2012 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- Coordinator, organizer & speaker in workshop about (Alzheimer patients and their health prooblems) at the period 23/2/2012 held in Egyptian Alzheimer Society and Faculty of nursing-Ain Shams University-Cairo
- patients and their caregiver) at the period 28/6/2012 held in Egyptian Alzheimer Society Cairo

- Speaker in students exchange traing program between Ain Shams University and Arabic Universities for undergraduate students afliated to Elkhartom University 24/7/2012 to 7/8/2012.
- Moderator ,Coordinator & speaker in World Alzheimer's
 Day Egypt 2012 (Living Together) at the period 23/9/2012 held in Egyptian Alzheimer Society- Dar el diafa -Ain Shams University-Cairo
- Speaker in World diabetes Day Egypt 2012 in 14/11/2012, Ain Shams University-Cairo
- participant in workshop about Anger Managment Module issued by work environmental foundation WEF in December 2012.
- General coordinator in activities of Environment Festival (Our environment our lives) held in Faculty of nursing-Ain Shams University-Cairo 14-17/4/ 2013
- Coordinator, organizer in workshop about Fish food and medicine in the activities of Environment Festival (Our environment our lives) held in Faculty of nursing-Ain Shams University-Cairo 14-17/4/ 2013
- Speaker in workshop abuot (communication skills for dealing with Alzheimer patients) in Society of Friends patients in the Green Mountain (Beat Eila) in 26/6/2013

- Coordinator, organizer & speaker in workshop about (Non pharmacological treatment for Alzheimer patients) held in Egyptian Alzheimer Society Cairo in 27/6/2013
- Moderator, general Coordinator & speaker in World Alzheimer's Day 2013 (dementia: a journey of caring) held in Egyptian Alzheimer Society- Dar el diafa -Ain Shams University-Cairo in 23/9/2013
- Moderator ,Coordinator & speaker in workshop about (future plan for caring elderly patients in Egypt) held in Egyptian Alzheimer Society Cairo in 28/11/2013
- Active participant in workshop about Medicinal herbs role in the treatment of mental illness) held in Faculty of nursing-Ain Shams University-Cairo 3/12/2013.
- Moderator ,Coordinator & speaker in workshop about (Rights of the elderly people in Egypt) held in Egyptian Alzheimer Society Cairo in 26/12/2013
- Moderator ,Coordinator in workshop about palliative care in psychiatric mental health nursing department in Faculty of nursing- Ain shams University 10/12/2013
- Speaker in 6th Breast Gynecological international cancer conference BGICC, and acheived 13 ESMO-MORA category 1 points in 9-10/junuary 2014 cairo Egypt.

- Speaker in Training program for development the skills of Health Nursing School (Physical and mental disabilities in the school age) at Nile training center afliated to General Authority For Health Insurance in Egypt at the period 1-3/2/2014.
- Speaker in Training program for development the skills of Health Nursing School (Physical and mental disabilities in the school age) at Nile training center afliated to General Authority For Health Insurance in Egypt at the period 8-10/2/2014.
- Speaker in Training program for development the skills of Health Nursing School (Physical and mental disabilities in the school age) at Nile training center afliated to General Authority For Health Insurance in Egypt at the period 11-13/2/2014.
- Moderator ,Coordinator & speaker in workshop about (Sports activities for Alzheimer patients) held in Egyptian Alzheimer Society Cairo in 27/2/2014
- Speaker in Nursing in Saudi Arabia: Challenges and Solutions Conference, accredited by the Saudi Commission for health specialties with 20 CME hours, held in King Khalid University in 11-12/March 2014.
- Moderator ,Coordinator & speaker in workshop about (psychosocial care for Alzheimer patients) held in Egyptian Alzheimer Society Cairo in 14/3/2014

- Coordinator in workshop about Adult Education within the activities of National Project to eradicate illiteracy in Faculty of nursing- Ain shams University in 25/3/2014
- Speaker and active participant in 18th pan Arab conference on diabetes (cognitive difficulties in pediatric diabetes) Cairo Egypt in 25/27 march 2014
- Coordinator, organizer in a field visit to a femail mental health patients at EL Abbasia hospital within the activities of the mother's day celebration a fliated to Environment sector in collaboration with the community and the environment Service unite in Faculty of nursing-Ain shams University in 3/4/2014
- Speaker in 81th Annual Conference of psychological counseling center, Ain shams University (The prospects and the challenges of psychological counseling) in 9 april 2014.
- Coordinator, organizer in Orphans' Day celebration at Faculty of nursing- Ain shams University in 10/4/2014
- Speaker and presented paper in the 4th annual nursing conference of faculty of nursing Bani suef University (Advanced Nursing practice improving health care outcomes) in 24 April 2014.
- Coordinator & speaker in workshop about (sleep disturpance among Alzheimer patients) held in Egyptian Alzheimer Society Cairo in 24/4/2014

- Moderator ,Coordinator & speaker in workshop about (The role of the memory clinic in the diagnosis of Alzheimer's) held in Egyptian Alzheimer Society Cairo on 29/5/2014
- Moderator ,Coordinator & speaker in workshop about (Health services and the role of health care for the elderly) held in Egyptian Alzheimer Society Cairo in 26/6/2014.
- Moderator , general Coordinator & speaker in World Alzheimer's Day 2014 (Alzheimer in New Egypt) held in Egyptian Alzheimer Society- Dar el diafa -Ain Shams University-Cairo in 22/9/2014.
- Organizer in field work visit to Third Field Army Command in Sueza ffliated to the armed forces in Egypt in 23/10/2014
- Active participant in 2nd international conference.
 Distance learning (Distance learning in Arab universities.
 Application and future prospects.) in Bani suef. University 16-17/12/2014.
- Active participant in the international conferenc of Bani suef University with cooperation of Egyptian inventors syndicate (Egypt Invents 2015) in Bani suef University in 8/3/2015.
- chair person and member in scientific committee in the
 1s Annual students conference of faculty of nursing Bani

- suef University (Quality in Nursing: A Holistic view and future) in 19/3/2015.
- Organizer & speaker in the conference of psychiatric mental health nursing department (Toward patient autonomy, No to dependence) in Faculty of nursing- Ain shams University on 7/4/2015

18-The <u>published researches</u>:

- Counseling intervention for parents' coping patterns toward their children with ADHD.
- Counseling intervention for caregivers of patients with Alzheimer.
- Effect of Supportive Care on Controlling Fears of Children with Cancer
- Counseling Intervention for Improving Parents' awareness regarding Their Autistic Children